



Crosswinds



St. Barnabas Hosts Families Moving Forward July 2-9

Beginning Sunday, July 2, St. Barnabas will host the first week of guests in the *Families Moving Forward* ministry.

These parents and children are homeless. We can't sugar coat that! Every week they go to a different church, not knowing what kind of beds they will sleep in, what food they will be served, and what kind of people will greet them. It's difficult to imagine those circumstances.

These families have chosen to be part of this program, and the Beacon Interfaith Housing staff has vetted the families to ensure that they fit the criteria for the program. The adults either have jobs, or are seeking employment during their stay, but do not yet have enough money for

permanent housing. Some of these adults go to work during the day; others go to the Beacon office to get help in looking for employment. Until they are able to find a job and afford permanent housing, they go to a different host church week where they can sleep safely, eat healthy meals, and hopefully find some respite from the stress of their situation.

We strive to make our guests feel welcome and cared for. Those of us who have done this the previous two years have found it to be both a challenging and rewarding volunteer experience.

Thanks to all who have signed up to help with this ministry. If you are unavailable during the week of July 2-9, we will need the same volunteer help during our second host week of August 13-20.

Inside this issue:

Small Group Opportunities	2
July "Gift of Love" - Interfaith Outreach	2
Service Opportunities at Redeemer Lutheran	3
News & Notes	3
St. Barnabas Rummage Sale	4
Summer Focus on Romans	4

Luther Park Day Camp - July 17-20

Counselors from Luther Park will bring the camp experience to St. Barnabas **July 17-20**.

Day Camp is for kids age 3-6th grade. Last year's day campers are pictured at right, together with the banner they made. The young kids (age 3-K) may come just for the morning or be here the whole time from 9:00-3:00. Cost is \$50/child. Scholarship are available.

Registration forms are available on the Welcome Center, or just send an email to Rose Umland at rumland@stbarnabaslutheran.org.



The Marks of Discipleship

- Daily prayer
- Weekly worship
- Bible reading
- Service in and beyond the congregation
- Spiritual friendships
- Giving time, talents, and resources

Senior High Mission Trip to Duluth, August 11-13

Senior High students (going into 9th grade through those who just graduated) are invited to participate in a mission trip to Duluth August 11-13. The group will travel to the North Shore and participate in some local ministries and organizations. We are hoping to serve with Seafarers, a ministry that works with the sailors who come in on the ships from around the world.

Sue Megrund is still working on the actual sites where the group will be serving, and will continue to update families as things fall into place. But for now, this trip will include some play (visiting Canal Park & Gooseberry Falls) as well as service and learning components.

The total cost for the two nights at a hotel and other expenses will be \$175 plus some meals. (There will be a pool!)

Women of the ELCA Meet in Minneapolis in July

Women of the ELCA hold their tenth triennial gathering, "All Anew," July 13-16 here at the Minneapolis Convention Center.

Women of all ages are encouraged to attend. Registration is available online until July 12, or in person during the event. You can register for the full event (\$350) or for individual days (\$175). For information on speakers, schedules, and registration visit welcatg.org

If you'd like to get just a taste of the gathering, come for Contemplative Nordic Evening Prayer on Friday, July 14, at 7:00 at Central Lutheran Church and experience the rich contemplative music of the Scandinavian tradition.

If you plan to attend, let Pastor Amber know, and she can connect you with other St. Barnabas members for carpooling and fellowship.

St. Barnabas Small Groups in July

All of these groups welcome new participants. For more information, contact the person listed.

Book Discussion Group

The next books being discussed by the Book Discussion Group are:

July 20 - *The Sympathizer*, by Thanh Nguyen. Host Beth Grosen

August 17 - *Take Me With You*, by Catherine Ryan Hyde

September 21 - *The Risen* by Ron Rash

October 19 - *Small Great Things* by Jodi Picoult

November 16 - *Jade Dragon Mountain* by Elsa Hart

Tome Explorers

The next books being discussed by the Tome Explorers group are:

July 17 - *Liar, Temptress, Soldier, Spy*, by Karen Abbott

Aug - *The Meaning of Human Existence*, by Edward Wilson

Sept - *The Winter Fortress: The Epic Mission to Sabotage Hitler's Atomic Bomb* by Neal Bascomb

Interfaith Outreach Birthday Shelf is Low – Can You Help?

The Interfaith Outreach Birthday Shelf needs to restock birthday gifts for kids turning 1-18. We're in need of fleece blankets, gifts cards, DVDs and other popular items – view a most-needed list at iocp.org/birthdayshelf. Along with one birthday gift valued around \$20, we supply items such as cake mix, frosting, plates and napkins. Gifts can be brought to St. Barnabas or directly to the IOCP offices at 1605 County Road 101 N in Plymouth, Monday-Saturday, 10 a.m.-5 p.m.

Behind the Scenes at Interfaith Outreach

Interfaith Outreach invites you to a VIP, behind-the-scenes tour on Tuesday, July 11, noon-1 p.m. at our offices. Take a tour, learn more about Interfaith Outreach's wonderful resources, and discover how you can be a part of the excitement and care that takes place every day. Lunch is included, so registration is required to attend this free event. Sign up by calling 763-489-7515.

FAITH JOURNEY GROUPS

NEW! - Discussion of Faith, Sexism & Justice Statement

The ELCA is in the process of developing a social statement on women and justice in church and society, with the goal of having it finished by 2019. There will be two 7-session opportunities to read and discuss the current draft, *Faith, Sexism, Justice: Conversations Toward a Social Statement*:

- Pastor Amber will lead *The Word for Women* group on Thursday mornings at 9:30 beginning June 29.
- Beth Parks will lead a group on Tuesday evenings at 7:00 beginning June 27. eparks69@yahoo.com

Pastor's Class

Pastor Wayne leads a study each Tuesday morning from 9:15-10:30. New participants are welcome at any time. During the summer they are studying Paul's *Letter to the Romans*.

ART & HANDIWORK GROUPS

Yarn & Coffee

People who love to knit or crochet meet the 4th Thursday at 9:30 a.m., working on prayer shawls, baptismal shawls, or personal projects. **Mary Pestel**, 763-559-9138.

LWR Quilters

Second and Third Friday of each month at 9:30 a.m. making tie quilts for Lutheran World Relief. All skill levels are welcome. **Rose Ann Parks**, 763-476-7959.

FELLOWSHIP GROUPS

Solo Sisters

A fellowship group for women of all ages who enjoy the opportunity to "go and do." **Connie Cook**, el10000@comcast.net.

Book Discussion Group

Meets the third Thursday of the month at 7 p.m. to discuss a novel. **July 20** - *The Sympathizer* by Thanh Nguyen.

Host: **Beth Grosen**

Tome Explorers (non-fiction reading group)

This group discusses works of non-fiction (history, biography, etc.) Meets the third Monday at 7 p.m. in homes of participants. **July 17** - *Liar, Temptress, Soldier, Spy* by Karen Abbott. Host: TBD

Daytime Parents

A fellowship group for St. Barnabas parents who are available during the day and their young children. **Krista Boyd**, krista.moessner@gmail.com

Sticky Families

Sticky Families is a fellowship group for parents and young children. They next gather on **Sat., July 15** at 3:00 for a play date and early dinner at the home of Norah & Justin Hibbits, 287 Cherry Hill Trail in Medina. Email Norah at n.norah@gmail.com to RSVP and get directions.

OWLs (Older & Wiser Lutherans)

A fellowship group for all who self-identify as Older & Wiser. On Wednesday, August 9, they are going to the Old Log Theater to see *Ghost: The Musical*. Tickets are \$25. Sign up July 25. **Rose Umland**, rumland@stbarnabaslutheran.org

PHYSICAL WELLNESS GROUPS

Senior Stretch

A chair yoga program offered by SilverSneakers, Monday mornings from 9:00-10:00. Certified instructor: **Denise Schaaf**, 612-804-7087.

Walking Group

Meets at 8:00 a.m. Saturday mornings at church for about an hour. Contact **Connie Cook**, el10000@comcast.net, to get on the email list.

Nordic Walking Group

Meets at 6:45 p.m. on Mondays at **St. Barnabas** (location change because of construction at French Park). Bring your own poles. Contact **Connie Cook**, el10000@comcast.net, to get on the list.

Barney's Birdies

Women's golf each Wednesday at 5:00 starting June 7. **Carol Talus**, cctalus@yahoo.com

CARING GROUPS

Mental Health Support Group

A NAMI support group for people who have a family member with mental illness. 4th Tuesdays from 7:00-8:30 p.m. **Elizabeth Chaigne**, 612-432-0471 or namichaigne@gmail.com

SERVICE GROUPS

Interfaith Outreach Food Shelf

Help staff the IOCP food shelf the first Wednesday of each month from 5:30-8:30 p.m. Next night is July 5. Come as your schedule allows. **Sharon Sawyer**, jssawyer85@comcast.net

The Gathering

This group volunteers 5 hours once a month at Calvary Lutheran Church in Golden Valley to help provide group care for people with memory loss so that their care gives get a break. **Rose Umland**, 763-553-1239.

July "Gift of Love" for IOCP

Summer is a critical time for local food shelves. Demand for assistance rises during the summer (as kids are home from school and not able to get subsidized lunches) plus donations for food shelves drop as summer activities distract people from recognizing the need.

St. Barnabas works with Interfaith Outreach and Community Partners (IOCP). IOCP is a non-profit partnership of churches, schools, government agencies, businesses, community groups, and foundations—people uniting to help people. They report that distribution levels continue to be high and donations are low.

St. Barnabas' "Gift of Love" for July will go to the food shelf at IOCP. Food donations can be brought directly to St. Barnabas and placed in the food cart in the narthex. Foods favored by children and high in protein are desired. Cash donations can be made through one's offering envelopes. Thanks for your gifts!



St. Barnabas Hosts Thank You Dinner for Work House Volunteers

St. Barnabas began a relationship with Chaplain Jeff Freeman at the Hennepin County Adult Correctional Facility last fall. **Clint Faust** has since been meeting with Chaplain Jeff to see if there might be ways for St. Barnabas to support this important prison ministry. Jeff was looking for a place where he could hold a thank you dinner for the many volunteers who offer their time and talent helping out at the prison, and since hospitality is one of St. Barnabas' best gifts, Clint offered St. Barnabas to host the event.

This thank you dinner will take place on **Wednesday, July 12, at 6:00 p.m.** The food will be catered, but we could use 3-5 volunteers to work with Clint as hosts, getting tables and chairs set up and doing whatever is necessary to make this a great event. If you would like to participate, contact Pastor Wayne at wpeterson@stbarnabaslutheran.org.

Two Opportunities to Help at Redeemer in North Mpls.

One of St. Barnabas' companion congregations is **Redeemer Lutheran Church**, located at 1800 Glenwood in north Minneapolis.

Redeemer has a big summer ministry for its community, holding free community meals for about 100 people on Wednesday evenings and culminating with a big Block Party that will attract over 800 people on August 16.

Community Meal - July 26

St. Barnabas has committed to hosting the community meal on **Wednesday, July 26**. **Carolyn Mueller** has agreed to be the lead chef, but we will need 6-8 volunteers from 5:00-8:00 p.m. to transport the food to Redeemer and serve the meal.

Block Party - August 16

Redeemer's 15th Annual Block Party has grown to over 800 people, including community neighbors and congregation members, to nurture and celebrate their relationships with one another. The evening includes delicious food, local entertainment, displays, and fun activities. We need a St. Barnabas crew of 6-8 people to serve at one of the food tables from 6:00 to 8:00 p.m. that evening.

If you are interested in helping with either or both of these service events, please contact **Pastor Amber** at 763-553-1239 or aingalsbe@stbarnabaslutheran.org

30 Years Ago...

St. Barnabas celebrates its 30th anniversary in 2017. Each month we'll recall some of the events that led up to the day of organization on October 18.

July, 1987

- Construction of the church building is progressing well, though heavy rains have delayed blacktopping the parking lot. We expect to occupy the building the second week of August.

- Jan Kohler** contacted Pastor Wayne about the new congregation and immediately volunteered to coordinate Sunday School. 40 children are already registered for Sunday School, double what we had in May.

- Tracey Gennrich** attended the LCA's Global Mission Event at Valparaiso University.

- The Montessori School of Wayzata Bay inquired about renting space in the new building.

- John Lund**, a young telephone technician from Burnsville, donated and installed a used phone system, saving the congregation more than \$1,000.

- Pastor Wayne made 117 initial calls and 61 cultivation (2nd time) calls.

- Attendance for July averaged 33. Total offerings for the month: \$858. 230 households on prospective membership list.

- The 25th St. Barnabas Men's Golf Retreat took place on June 16-17, with 20 participants playing Pebble Creek in Becker on Friday and Territory in Foley on Saturday. The winning team of the Saturday scramble — **Kevin Schiffler, Warren Hawkins, and Jim Holmquist** — set a SBMGR record with an 8 under par. Jim holed out a long birdie putt from the fringe of the 18th green (30 feet? 40 feet? — it gets longer each time he tells it) which proved to be the margin of victory over the 2nd place team of **Bryan Miller, Pete Moen, Todd Megrund, and John Engstrom**.
- Across the country:** **Jessica Valentine**, who graduated from Butler University in May, will be staying in Indianapolis this fall where she will use her Secondary Education and English majors to teach 11th Grade English.
- Many St. Barnabas are grieving the deaths of family members in the month of June. We extend our sympathy and the hope of the resurrection to
 - Cindy Dogan** on the death of her mother, Betty Cohrs, age 83;
 - Mark Noordsy** on the death of his mother, Marian, age 93
 - Lynne Redelsheimer and James & Jennifer Redeshimer** and their kids on the death of Alice Schoeneberger, age 104(!), their mother, grandmother, & great-grandmother

News & Notes

- Pastor Amber** on the death of her grandma, Elaine Roth, age 97, in Aberdeen, SD
- Tracy Swwed & Emma** on the death of Tracy's mother, Sharon Worth. Sharon's funeral was held at St. Barnabas on June 26.
- Marion Huar and Danielle Huar** on the death of **Richard**, husband and father, on June 25. Dick was only 71, but has been living with both Parkinsons and dementia the past two years. Dick's funeral will be held at St. Barnabas on Friday, June 30, at 11:00 a.m.
- Two Lithuanian young women** are in need of a room for July and August. They have a summer sales job. Neighbors of Pastor Wayne have hosted them in June. The women only require one bedroom plus use of a bathroom, some cupboard and refrigerator space, plus laundry facilities. They do not require any assistance and are gone from 7:30 a.m. until 9:30 or 10 p.m. Monday through Saturday. They have been paying \$50/week for the room. If you are interested, Pastor Wayne has more information and references to share with you.

July Baptismal Anniversaries

- | | | |
|----------------------|--------------------|---------------------|
| 1 Norman Miller | 12 Marlyce Payne | 21 Clifford Larson |
| Kelly Rogers | 15 Bobbi Dering | Andrew Provo |
| Lois Troemel | David Lindblom | 23 Kristin Johnson |
| 4 Susan Swedenburg | 17 Kevin Werstein | 24 Stella Blomberg |
| 6 Kirstin Bernau | 18 Shane Kerska | Barbara Root |
| 8 Jennifer Koepsell | Ginger St. John | 26 Henry Parker |
| 9 Jaxson Cook | 19 Jonas Blomberg | 29 Aria Senne |
| Carol Dennis | 20 Samuel Schulz | 31 Annelise Johnson |
| 11 Willis Croonquist | 21 Nancy Bjornlund | Beckett Peterson |
| | Amey Guttormsson | |

July Birthdays

- | | | |
|---------------------|-----------------------|--------------------|
| 1 Katerina Hoffmann | 15 Carly Redelsheimer | 26 Matthew Dean |
| Jennifer Reynolds | Grant Redelsheimer | Hendrick Gaedke |
| 2 John Neznik | Sharon Sawyer | Joseph Morrissette |
| 4 Andean Lynch | 16 Holly Carlson | Barbara Novak |
| 7 Sue Gregerson | Dave Charlson | Bradley Nylin |
| Shiah Sanders | 18 Megan Nelson | Kristi Pierro |
| 8 Callan Gaedke | Vickie Wilson | 27 Sonja Oelfke |
| Gerald Sognesand | 19 Nancy Brady | AbramSanderson |
| 9 Judy Mikolich | Steve Novak | Dale Sanderson |
| 10 Peg Beauchaine | Jason Pinske | 28 Pam Carter |
| 11 Robert Clauson | 20 Brian Harless | Abigail Harless |
| Benjamin Peterson | Steve Mandt | 29 Grace Meinert |
| 12 Jessica Malchow | Monte Miller | Lauren Meinert |
| 13 Jane Blake | 21 Barbara Sanders | Aria Senne |
| Lindsay King | 22 Donald Collier | 30 Denise Neznik |
| Lisa Turnquist | 23 Lila Strand | 31 Robert Troemel |
| 14 Ryan Olson | 24 Betsy Neeck | Gail Von Wahlde |
| John Silbaugh | 25 Rose Ann Parks | |

ST. BARNABAS LUTHERAN CHURCH

15600 Old Rockford Road
Plymouth, MN 55446

Phone: 763-553-1239
Fax: 763-553-7839
Website: www.stbarnabaslutheran.org

Ministry Team

Wayne Peterson, Pastor
Amber Ingalsbe, Pastor
David Helgen, Hospitality Pastor
Rose Umland, Lay Minister to Children & Family/Parish Nurse
Sue Megrund, Lay Minister to Youth & Family
Jeff Carter, Lay Minister for Property
Julie Hoyme, Parish Assistant
Dr. Mary Newton, Organist
Jeff Whitmill, SB Center for the Arts



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ST. BARNABAS IDENTITY STATEMENT

St. Barnabas Lutheran Church is a part of the Body of Christ and a member congregation of the Evangelical Lutheran Church in America.

The source of our life together is the Word and Sacraments, celebrated in our worship.

We name ourselves after St. Barnabas, a New Testament apostle. He was called "Barnabas", meaning "son of encouragement", because he joyfully shared the "good news" of our Savior, Jesus Christ. He faithfully supported the work of the Church with his talents, prayers, and offerings.

MISSION STATEMENT

Sent by Jesus, we set our sails to be filled by God's Spirit, inspiring us to praise, grow and serve.

Barney's Blarney

A woman has twins and gives them up for adoption. One of them goes to a family in Egypt and is named "Amal." The other goes to a family in Spain; they name him "Juan." Years later, Juan sends a picture of himself to his mom. Upon receiving the picture, she tells her husband that she wishes she also had a picture of Amal. Her husband responds, "But they're twins. If you've seen Juan, you've seen Amal!"

St. Barnabas Rummage Sale

The annual St. Barnabas Rummage Sale will be held Saturday, August 12, from 8 a.m.-2 p.m.

Many (!) volunteers are needed to help with this ministry:

- during the week (days or evenings) to arrange the items on tables and price them
- people to work the sale on Saturday morning
- clean-up from 2-3:00, putting everything into large bags and boxes and getting the building ready for weekend worship.
- A truck loading day on Monday, August 14, 9 a.m., to send the sale leftovers to The Salvation Army.

If you can help in any of these ways, sign up at the Welcome Center or call Julie Hoyme (763-553-1239) and indicate your availability.

Donations may be dropped off starting Sunday, August 6, at 2 p.m. at the **East Entrance only**. Donations will be accepted only until Thursday, August 10, at 8 p.m. Please do not bring anything to the sale that you would not be willing to give to a good friend.

Worship Schedule

Saturday

5:00 p.m.

Join us for "Eat Dessert First" after worship

Sunday

9:00 & 10:30 a.m.

Summer Focus on Romans

This summer, Paul's *Letter to the Romans* is the "reading in common" book for the St. Barnabas community. Pastor Wayne and Pastor Amber are preaching on texts from *Romans* each weekend in June, July, and August. In addition, the *Church Begins at Home* devotional resource will give all the opportunity to read the entire letter by reading a chapter or two each week.

It is hoped that even though vacations or sports tournaments may keep us from worshipping together regularly, this common activity of reading *Romans* will bind us together as a community.

Copies of all the *Romans* sermons and the *Church Begins at Home* devotional resources are available **in the narthex and online** for those who wish to read sermons from Sundays when they are out of town.