



# Crosswinds



## St. Barnabas YAGM Amy Mihelich Visits January 21

St. Barnabas is tithing (giving 10%) of its *Building with Living Stones* 3-year capital appeal with the goal of funding 11 Young Adults in Global Mission positions at \$7,000 each. Each time we achieve another step of \$70,000 toward our goal of \$800,000, we are able to send \$7,000 to the ELCA to fund another position.

In the first year of the appeal, St. Barnabas funded three YAGMs:

- Tyler Broadwell in Jerusalem/West Bank
- Amy Mihelich in Rwanda
- Tim Gabriel in Mexico City



**We are very pleased that Amy Mihelich is able to be with us at St. Barnabas on Sunday, January 21 to share a bit about her YAGM experience.**

Amy served in the ELCA's YAGM program from 2016-2017 in Rwanda. During her YAGM year, she taught English, facilitated Bible

studies, and coached a debate team at the Protestant Institute for Arts and Social Sciences.

Amy is a native of Forest Lake and graduated from St. Olaf College in 2016 with a double major in English and Political Science and a concentration in Women's and Gender Studies. During college, she spent her summers hanging out with kids and pursuing the perfect tie dye spiral at Luther Crest Bible Camp in Alexandria.

Now that her YAGM year is complete, Amy is working as a journalist and editor at the *Sun Thisweek* in Apple Valley.

In this second year of the *Building with Living Stones* we have thus far funded two more YAGMs:

Rachel Mann in Madagascar

Casey Haffield in Senegal.

You can follow Rachel and Casey's blogs on the bulletin board in the Ministry Center or check them out online:

Rachel:

<http://rachelmannyagm.weebly.com/about-me.html>

Casey:

<https://caseyhaffield.wordpress.com/>

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### The Marks of Discipleship

- Daily prayer
- Weekly worship
- Bible reading
- Service in and beyond the congregation
- Spiritual friendships
- Giving time, talents, and resources

## "I Am She" is Theme of Women's Retreat Feb. 9-11

A St. Barnabas Women's Retreat will be held at Heartwood Conference Center in Northern Wisconsin the weekend of **February 9-11**. The cost will be \$240 per person (double room with a bath), and it includes five meals.

This year's theme is "I Am She" — an exploration of spiritual gifts. Using Scripture, prayer, personal reflection, and conversations with others, participants will learn to identify and strengthen their own unique gifts and celebrate the spiritual gifts of others, too.

The retreat will include ample free time as well as group time. Bring snowshoes and cross-country skis to use on the trails around Heartwood, or rent equipment at the conference center.

As of Dec. 28, 18 have signed up to participate, but there may be room for up to 30 depending on whether Heartwood still has the space available.

If you are interested, please sign up at the Welcome Center or send an email to Rose Umland or Pastor Amber.

## Annual Meeting of the Congregation

Sunday, January 28 — Noon

- Reports on St. Barnabas' 2017 Ministries
- Election of Council Members
- Approval of 2018 Budget

Lunch will be available at church beginning at 11:00.

Copies of the Annual Report will be available on Sunday, January 21.

# St. Barnabas Small Groups

All of these groups welcome new participants. For more information, contact the person listed.

## Book Discussion Group

The next books being discussed by the Book Discussion Group are:  
**January 18** - *Some Luck* by Jane Smiley

**February 15** - *China Dolls* by Lisa See

**March 15** - *Go Went Gone* by Jenny Erpenbeck

**April 19** - *The End We Start From* by Megan Hart

## Tome Explorers

Tome Explorers read and discuss works of non-fiction on the 1st Sunday of the month at 6:00 p.m. The next books being discussed by the Tome Explorers group are:

**January 7** - *One Good Turn: A Natural History of the Screwdriver and the Screw* by Witold Rybczynski **Host: Beth Parks**

**February 4** - *American Gospel* by Jon Meacham **Host: Beth Parks**

**March 4** - *Killers of the Flower Moon* by David Grann **Host: Lisa Pole**

**April 8** - *Heart of a Lion* by William Stolzenburg

**May 6** - *Being Mortal* by Atul Gawande

**June 3** - *American Fire: Love, Arson, and Life in a Vanishing Land* by Monica Hesse

**July 1** - *Through the Door of Life: A Jewish Journey Between Genders* by Joy Ladin

**August 5** - *Paper* by Mark Kurlansky

## IOCP Volunteers Needed Jan. 3 & Feb. 7

St. Barnabas continues to support the work of Interfaith Outreach & Community Partners by providing volunteers at the food shelf and retail store on the first Wednesday of the month.

The next service nights are January 4 and February 1. Volunteers meet at IOCP (County Road 6 and Hwy 101) at 5:30 p.m. and work until 8:00 p.m. Training is always given for first-time volunteers. Sign up at the Welcome Center or send an email to Julie Hoyme if you can help.

## FAITH JOURNEY GROUPS

### The Word for Women

A study group led by Pastor Amber that meets on Thursday mornings at 9:30. Currently discussing *My So-Called Biblical Life*, edited by Julie Faith Parker. Childcare provided.

### Pastor's Class

Pastor Wayne leads a study each Tuesday morning from 9:15-10:30. Currently watching a new video course on Martin Luther's theology. New participants are welcome at any time.

## ART & HANDIWORK GROUPS

### Learn, Create, Enjoy

Meets the 2nd Monday of each month from 6:30—8:00 p.m. in the Fireside Room. Each person chooses their own type of project and receives as much help as is needed. **Ione Botts**, 763-473-3238.

### Yarn & Coffee

People who love to knit or crochet meet the 4th Thursday at 9:30 a.m., working on prayer shawls, baptismal shawls, or personal projects. **Mary Pestel**, 763-559-9138.

### Quilters

First Friday of each month at 9:30 a.m. Make quilts for local children's nurseries. All skill levels are welcome. **Audrey Johnson** 763-559-4459.

### LWR Quilters

Second and Third Friday of each month at 9:30 a.m., making tie quilts for Lutheran World Relief. All skill levels are welcome. **Rose Ann Parks**, 763-476-7959.

### JustGifts Crafters

Fourth Friday of each month at 9:30 a.m. Make crafts for JustGifts Market in December. **Rose Ann Parks**, 763-476-7959.

## FELLOWSHIP GROUPS

### Daytime Parents

A new group for parents who are home during the day. Come for a weekly playdate on Mondays at 9:30 a.m. in the church nursery. **Norah Hibbits**, n.norah@gmail.com

### Solo Sisters

A fellowship group for women of all ages who enjoy the opportunity to "go and do." **Connie Cook**, el10000@comcast.net.

### OWLs (Older & Wiser Lutherans)

A fellowship group for all who self-identify as Older & Wiser. **Feb. 7, 1:30 p.m.** - Go to Old Log Theatre to see *Life Could Be A Dream*. Cost is \$25, payable when you sign up at the Welcome Center. **Rose Umland**, rumland@stbarnabaslutheran.org

### Tome Explorers (non-fiction reading group)

This group discusses works of non-fiction (history, biography, etc.) Meets the 1st Sunday of the month at 6 p.m. in homes of participants. **January 7** - *One Good Turn: A Natural History of the Screwdriver and the Screw* by Witold Rybczynski **Host: Beth Parks**

### Book Discussion Group

Meets the third Thursday of the month at 7 p.m. to discuss a novel. **January 18** - *Some Luck* by Jane Smiley **Host: TBD**

### Sticky Families Plus

This group for families with young children is transitioning to a new 3-month rotation of family activity gathering, Mom's Night Out, and Dad's Night Out. **A Dad's Night Out will be held Saturday, Jan. 13 at Dave & Busters in Maple Grove at 7:00 p.m.** **Jessica Gaedke**, jbaumgard@hotmail.com **Norah Hibbits**, n.norah@gmail.com

## PHYSICAL WELLNESS GROUPS

### Senior Stretch

A chair yoga program offered by SilverSneakers, Monday mornings from 9:30-10:30. Certified instructor: **Denise Schaaf**, 612-804-7087.

### Yogadevotion

A faith-based yoga experience meets at 7 p.m. on Thursday evenings. The next 8-week series is January 4-February 22, \$64 per participant. **Rose Umland**, rumland@stbarnabaslutheran.org.

### Walking Group

Meets at 8:00 a.m. Saturday mornings Plymouth Creek Dome for about an hour. Contact **Connie Cook**, el10000@comcast.net, to get on the email list.

## CARING GROUPS

### Parent Huddle

**Cindy Lindberg**, certified Marriage & Family Therapist, convenes informal conversations in the Ministry Center during Wednesday Night Lighthouse from 6:15-7:00. Parents are welcome to chat with Cindy about the joys and frustrations of parenting.

### Mental Health Support Group

A NAMI support group for people who have a family member with mental illness. 4th Tuesdays from 7:00-8:30 p.m. **Elizabeth Chaigne**, 612-432-0471 or namichaigne@gmail.com

## SERVICE GROUPS

### Interfaith Outreach Food Shelf

Help staff the IOCP food shelf the first Wednesday of each month from 5:30-8:30 p.m. Next night is **Jan. 3**. Come as your schedule allows. **Sharon Sawyer**, jssawyer85@comcast.net

### The Gathering

This group volunteers 5 hours on the 2nd & 4th Thursdays at Calvary Lutheran Church in Golden Valley to help provide group care for people with memory loss so that their care givers get a break. **Rose Umland**, 763-553-1239.

### Seniors & Friends

A bi-monthly ministry in which volunteers pick up members who have mobility issues and bring them to St. Barnabas for a brief worship service and a luncheon so that we can help them continue to feel part of the St. Barnabas community. The next S&F is the 9th Day of Christmas, **Tuesday, January 2 at 11:00 a.m.** If you would be willing to pick someone up, help prepare or serve the luncheon, or just come and be a participant, please sign up at the Welcome Center.

## Seniors & Friends - January 2

St. Barnabas has several members whose health or mobility issues prevent them from getting to worship on a regular basis. *Seniors & Friends* is a bi-monthly ministry in which volunteers pick up these friends and bring them to St. Barnabas to join other seniors and friends for a brief worship service and a luncheon.

**The next Seniors & Friends is the 9th Day of Christmas, Tuesday, January 2 at 11:00 a.m.** If you would be willing to pick someone up, help prepare or serve the luncheon, or just come and be a participant, please sign up at the Welcome Center.

## Cross Country Skiing Group to Start in January

Kim Moen invites you to go cross country skiing on Tuesday evenings and/or Thursday afternoons beginning January 2 & 4. The Tuesday evening group will ski at French Park or Elm Creek with lighted trails and the Thursday afternoon group will ski French, Elm Creek, Highland, or Wirth. The times and schedule will be negotiated by those who sign up. Sign the interest sheet at the Welcome Center or send an email to Kim at moencabin@gmail.com.

## Global Health Ministries is January “Gift of Love”

Global Health Ministries (GHM) is a grassroots network of people that provides financial and material support as well as consulting to Lutheran healthcare programs in developing countries. It builds partnerships that help ensure access to quality health care for some of the world’s most vulnerable people.

GHM was started in the Twin Cities in 1987 as an organization that offers support to any Lutheran group that sponsors medical work overseas.

The purpose of GHM is to be an arm of support for existing agencies, enabling them to carry out their work more fully. It

- provides funds for overseas Lutheran health care projects
- gathers and ships medical supplies and equipment
- aids in recruitment of long and short-term health care workers. and
- promotes interest in health care ministries within congregations.

Since the founding of GHM, increasing emphasis has been placed on primary health care

in rural areas, under the leadership of local people, and also on providing training for doctors, nurses and other health care workers. Institutions and individuals donate medical supplies and equipment that GHM ships all over the world to support Lutheran healthcare systems in developing countries. Whether equipping new or expanded health facilities with ultrasounds or x-ray machines, or supplementing a mission hospital’s basic supplies, these shipments help make healthcare accessible for some of the world’s most vulnerable people.

Global Health Ministries is a volunteer-powered organization! It takes more than 2,100 volunteers a year to make this ministry happen. GHM is blessed with faithful friends who have served for decades, plus a growing number of new volunteers! At its main office and warehouse in Fridley (7831 Hickory Street NE) there are volunteer opportunities from office help to packing shipments.

St. Barnabas has two connections with GHM as **Barb Daiker** and former member **Donna Wright** both serve on its board of directors.



## Tapestry Interfaith Women Event - Jan. 30

Tapestry is a multi-faith community group started last year by a group of women who wanted to promote understanding among Christians, Jews, Muslims, Hindus, and other religious groups.

The next Tapestry Interfaith Women event will be held at Holy Name of Jesus Catholic Community (155 County Rd 24, Wayzata, MN 55391) on **Tuesday, January 30 at 7 p.m.** The program will include a short presentation about Catholicism and the history of their parish, one of the oldest in the community.

The service project will benefit Home Free, a women’s shelter in Plymouth. Kari Hitchcock from Home Free will come to talk about the

work they do to assist victims of domestic violence. We will be collecting full-size personal care items (deodorant, bar soap, razors, body wash, toothpaste, toothbrushes, shampoo and conditioner) and cleaning products (dish soap, furniture polish, disinfecting wipes, window cleaner, etc.). These items are for the residents now and when they set up in new danger-free homes.

Refreshments will be served during a social time after the presentations.

Please RSVP to LeAnne Hobbs (leanehobbs@msn.com) by Monday, January 22 if you plan to attend.

### Cranberry Ridge Update

Thanks to the many people in the St. Barnabas community whose ongoing support that has helped move Cranberry Ridge closer to becoming reality in Plymouth!

Now that the Plymouth City Council has approved the plans for this 47-unit affordable housing complex near Hwy 55 and County Road 101, Beacon staff moves into a grant-writing phase to raise the \$14.1 million needed. Several key grants have application due dates in the spring and are awarded in the fall. If Cranberry Ridge is awarded these key grants in fall 2018, construction could start as soon as June 2019.

**Pastor Amber, Bobbi Dering, and Margaret Wold** have been the St. Barnabas representatives in this multi-faith collaborative project, and they will continue to keep the congregation notified about Cranberry Ridge as well as opportunities for further involvement with Interfaith Outreach and with Beacon Housing.

### New Leadership Teams Needed for Families Moving Forward and Rummage Sale

Two important summer ministries at St. Barnabas are in need of new leadership teams.

St. Barnabas will host **Families Moving Forward** twice this summer — the weeks of July 22-28 and August 12-19. Two people are needed to serve as the “lead contacts” for this ministry to those who are homeless.

If St. Barnabas is going to have a **rummage sale** again this summer, we need 2-3 people to serve as co-leaders. Tentative date is August 11.

For both ministries, there will be many who will volunteer, but some folks with organizational skills are needed for these leadership positions. Leadership materials from past years are available.

If you are interested in getting involved with these ministries, contact Pastor Wayne.



**St. Barnabas Hosts Families Moving Forward July 22-28 August 12-19**



### Lunchtime Organ Recital

Thursday, January 11—12:30 p.m.

#### Matt Tylutki

A native of Austin, MN, Matt is a senior at St. Olaf College, majoring in Instrumental Music Education.



The St. Barnabas Center for the Arts Organ Recital Series offers free lunchtime concerts on the second Thursday of each month from 12:30-1:00.

### Jazz@StBarney's

Saturday, January 13 - 7:00 p.m.



#### Erin Livingston (vocalist)

Singer, songwriter, classical flutist, cabaret artist, a frequent singer at the St. Paul Hotel's Lobby Bar.

Adults \$10; students \$5

## Morpheus Plays Benefit for Nicaragua Ministry January 13



Morpheus, a band made up mostly of St. Barnabas members, is developing quite a ministry of playing concerts to benefit charities and ministries. Their next benefit concert will be at the Eagles Club #34, 2507 East 25<sup>th</sup> St. in Minneapolis on January 13. Doors open at 7:00 p.m. and the music starts at 7:30. There is a \$10 cover charge, and free will donations will also be accepted

The benefit is for the Cultural Center of Batahola Norte in Managua, Nicaragua. Over the last 35 years, the center has become a regional refuge and provides a variety of services, including

- vocational training for adults
- art, music, and dance classes for children

- youth groups where adolescents learn about developing healthy relationships
- neighborhood library with story time for young kids and homework help
- scholarship program to financially assist students ages 6-22.

The Ernie Mattson Ballroom at the Eagles Club has capacity for 300, a large dance floor with food and drink available too. Free parking lot with overflow along the street.

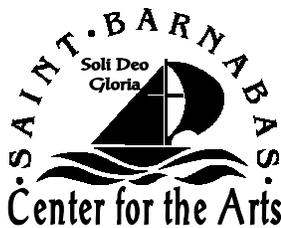
For more information and to see what a difference your donation can make, click on the 7-minute video link below:

<https://www.youtube.com/watch?v=NUIvo2kxNo>

## News & Notes

- Congratulations to Ashley & Matt Parker on the birth of Eleanor Marie on Thanksgiving Day. Eleanor made her first appearance at St. Barnabas on Christmas Eve. And "double congratulations" to Dan & Alicia (Kelzer) Amundson on the birth of twin boys on Dec. 7. Liam and Roman were both a little over 5 pounds at birth and after a short stay at the hospital they were both home in time for Christmas.
- Jennifer Childs is sporting a lovely diamond ring on her finger, a gift from Brian Arne. Congratulations! No wedding date is set yet.
- We express our sympathy to Susan & Tim Sommerfeld on the death of Susan's father Ellard Larson on Dec. 19.
- David & Mary Aune will spend January-April in Atlanta, Georgia, where David will be a visiting professor at the Candler School of Theology at Emory University. Before his retirement, David served many years as

- Professor of New Testament at the University of Notre Dame.
- Emmette Richardson received his Bachelor's degree in Business Administration from Metropolitan State University on Dec. 9. It is quite an accomplishment to complete a degree while holding down a full-time job. Congratulations!
- The St. Barnabas community celebrated three baptisms in recent weeks:
  - Rose Lynn Endean, daughter of Aimee & Dan Endean, on October 28
  - Blake Orin Noah, son of Lindsay & Chad Noah (and great-grandson of Don Renquist) on December 9
  - Henry Ryan Olson, son of Stephanie & Ryan Olson, on December 30



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763-438-4847

## Community/Family Service Event Jan. 20 at Feed My Starving Children

On Saturday afternoon, January 20, there will be an Inter-generational Service Event at Feed My Starving Children in Coon Rapids (401 93rd Av. NW). Workers should arrive at 11:15 for instruction and will pack from 11:30-1:30.

*Feed My Starving Children* is a non-profit Christian organization committed to feeding God's children hungry in body and spirit. The approach is simple: children and adults hand-pack meals specifically formulated for malnourished children. The meals are shipped to nearly 70 countries around the world.

This is service event is **open to anyone in the congregation**. Participants should meet at the

Feed My Starving Children site in Coon Rapids. If you want to participate but need a ride, indicate that when you sign up.

We have reserved 60 spots, but we need people to sign up in advance so we know if we need to release any of those spots for other groups to use. Children under 12 must be accompanied by their parents. The minimum age to volunteer at FMSC is 5 years old.

Sign up at the Welcome Center or send an email to Rose Umland (rumland@stbarnabaslutheran.org). Please bring a \$5+ donation (*optional*) to help offset shipping costs.



## Devotion Writers and Small Group Leaders Sought for Lent Focus on "Bible Basics"

The season of Lent begins February 14 and a devotional book and small groups will again play a key role in St. Barnabas' Lenten discipline. This year's theme will be "Bible Basics."

### Lent Devotional Book

Past experience has shown that the St. Barnabas community is blessed with many excellent writers and we would like to call on them to again produce a daily devotional book for the forty days of Lent. This year, each writer is asked to choose a favorite Bible passage or story and share why this particular passage is meaningful to him or her. We may have multiple people choose the same passage, but that's alright because each one's story will be unique. Each devotion should be 300-500 words in length and have a brief concluding prayer.

### Lent Small Group Leaders

We need 10-12 people to serve as small group leaders. Leaders pick the day of the week and

time for their group to meet. Our Lenten small groups will use a video/discussion format, so there is minimal preparation required of the leaders. The materials are called "Animate" and are produced by Sparkhouse. Some of today's best-known church leaders (like Nadia Bolz-Weber, Rachel Held-Evans, William Willimon, and Phyllis Tickle) help us explore questions like:

- How did the Bible come to be?
- Why are there two testaments?
- Why are there four gospels and why do they tell the story of Jesus differently?
- How do we reconcile Biblical images of an angry God with a God of love?

If you are interested in writing a devotion or serving as a small group leader, contact Pastor Wayne or Pastor Amber.

### Family Resource Center at St. Barnabas

**Cindy LaChance-Lindberg**  
MA, LMFT, RPT  
612-564-3620  
cindy@NewFamilyTherapy.com

**Melissa Weinhandl**  
MA-MA  
mlwein13@smumn.edu

### Prayer Team Ministry

If you have a prayer request, send an email to **Glenna Whitmill** at glenna@whitmill.net or call her at 952-239-1317.

## January Baptismal Anniversaries

- |                    |                   |
|--------------------|-------------------|
| 1 Janice Cerny     | 11 John Pierro    |
| Jason Pinske       | George Sponholz   |
| 2 Steven Larson    | 13 Earl Hebeisen  |
| Chase Nylin        | 14 Todd Megrund   |
| Mackenzie Nylin    | 16 Lauren Kerska  |
| Nina Werstein      | 18 Dana Cossette  |
| 3 Tomira Powers    | 19 Kathryn Blake  |
| 4 Stanley Wanner   | 22 Aidan Jette    |
| 5 Debbie Rasmussen | 24 Kristen Smith  |
| 7 Cole Guttormsson | 25 Cana Gaedke    |
| 8 Aria Ellis       | 27 Nora Davis     |
| 10 Oliver Buell    | 28 Jack Meinert   |
| Shaun Holliday     | 29 Randall Wedin  |
| Charlene Paulson   | 31 Addison Wenaas |
| Dean Simonson      |                   |

## January Birthdays

- |                      |                       |                       |
|----------------------|-----------------------|-----------------------|
| 1 Mark Valentine     | 11 Cindy Setum        | 22 Donald Renquist    |
| 2 Holly Bayer        | 12 Joseph Demro       | 23 Sienna Blomberg    |
| 3 Lacey Gale         | Richard Edlund        | Hilary Moleski        |
| Dean Simonson        | Lincoln Gale          | Stephanie Olson       |
| Karl Smith           | Jill Snyder           | 24 Janice Cerny       |
| Dwight Tangren       | 14 Ted Pestel         | Barbara Pekay         |
| Charles Torgerson    | 16 Jeff Carter        | Wayne Peterson        |
| 4 Spencer King       | 18 Ronald Nielsen     | 25 Betsy Asher        |
| 7 Marilyn Hein       | 19 Jennifer Childs    | 26 Bernadette Mounger |
| Oskar Hembre Conditt | Sarah Eilderts        | Mark Noordsy          |
| Charles Johnson      | Henry Parker          | 29 Josh King          |
| Mark Snyder          | Chad Strunk           | 30 Bobbi Dering       |
| 8 Pedro Martinez     | 20 Stephen Dennis     | Maurine Dyr Dahl      |
| Jesse Rogers         | 21 James Redelsheimer | James Sawyer          |
| 9 Kevin Werstein     | 22 Lori Harless       | Paul Senne            |
| 11 Stephanie Olson   | Andrew Pole           |                       |

# ST. BARNABAS LUTHERAN CHURCH

15600 Old Rockford Road  
Plymouth, MN 55446

Phone: 763-553-1239  
Fax: 763-553-7839  
Website: [www.stbarnabaslutheran.org](http://www.stbarnabaslutheran.org)

## Ministry Team

Wayne Peterson, Pastor  
Amber Ingalsbe, Pastor  
David Helgen, Hospitality Pastor  
Rose Umland, Lay Minister to Children & Family/Parish Nurse  
Sue Megrund, Lay Minister to Youth & Family  
Jeff Carter, Lay Minister for Property  
Julie Hoyme, Parish Assistant  
Dr. Mary Newton, Organist  
Jeff Whitmill, SB Center for the Arts



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## ST. BARNABAS IDENTITY STATEMENT

*St. Barnabas Lutheran Church is a part of the Body of Christ and a member congregation of the Evangelical Lutheran Church in America.*

*The source of our life together is the Word and Sacraments, celebrated in our worship.*

*We name ourselves after St. Barnabas, a New Testament apostle. He was called "Barnabas", meaning "son of encouragement", because he joyfully shared the "good news" of our Savior, Jesus Christ. He faithfully supported the work of the Church with his talents, prayers, and offerings.*

## MISSION STATEMENT

*Sent by Jesus, we set our sails to be filled by God's Spirit, inspiring us to praise, grow and serve.*

## Barney's Blarney

A Southern Baptist preacher who had always preached against the evils of alcohol was preparing to have a Lord's Supper at his church and, in preparing, he came to the realization that Jesus used wine, not un-fermented grape juice, at the Last Supper. Since Jesus used wine, he decided that his church should as well. During the sermon he explained that the church would be using wine for the Lord's Supper and why.

The reaction from most people was neutral or positive, but there was one lady who was noticeably perturbed - a widow who had donated the land the church was built on. The pastor watched her during the Lord's Supper and noticed that she did not drink the wine, so he made a pastoral visit to her that afternoon.

"Preacher," the widow said, "Alcohol has never passed my lips in 76 years and it isn't going to start now."

The pastor replied: "But you do realize that Jesus drank wine, don't you?"

"Yes," she said in a bit of a huff. "And I must say that I lost a lot of respect for him when I learned that he did."

**Wednesday Night  
Lighthouse Resumes  
January 3**

## Worship Schedule Saturday

**5:00 p.m.**

*January 6 - Contemplative Prayer for the Day of Epiphany and the beginning of the new year*

## Sunday

**9:00 & 10:30 a.m.**

## Blood Drive Sat., January 13

The Memorial Blood Center is bringing its Bloodmobile to St. Barnabas on **Saturday, January 13**, from 8 a.m.–1 p.m. A pancake breakfast is provided free of charge for all who come to donate.

Sign-up for appointments at church or by calling Connie Cook, 763-557-7064.

**Are you receiving the  
e-newsletter version of Crosswinds  
every week?**

If not, please send Julie Hoyme an e-mail ([jhoyme@stbarnabaslutheran.org](mailto:jhoyme@stbarnabaslutheran.org)) so we can get you on the list and keep you up-to-date on your church community.